

'Money couldn't buy my destiny'

He had the world at his feet, but **Will Sibley, 53**, traded financial success for spiritual happiness...

Looking back, it's hard to believe I was once a self-made millionaire. As a young man I had the world at my feet. It was the Nineties and the construction industry was booming. Despite leaving school at 16 and working as a building site labourer, I rose through the ranks to form my own company.

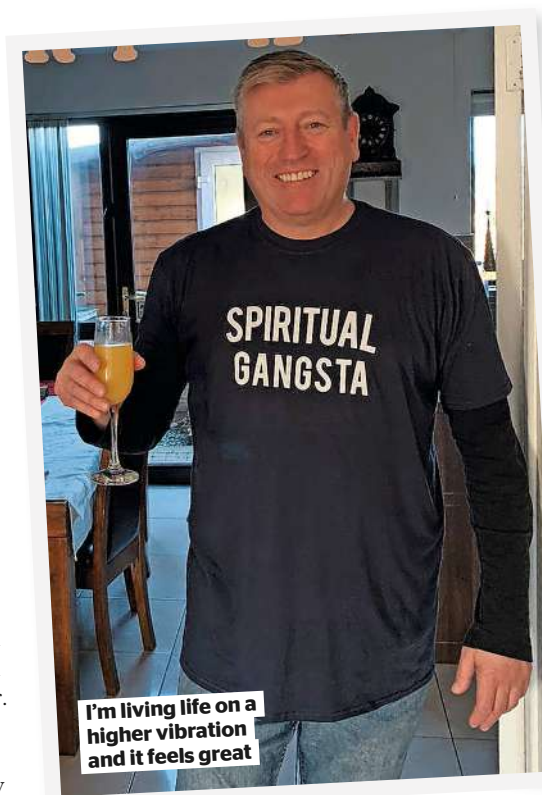
By my thirties, I was married with three children, lived in a six-bedroomed house and owned a second home in France. I drove a black Maserati and enjoyed luxury holidays. In 2007, my main business had a £6.5m turnover and I employed over 130 people. I also helped run four nightclubs.

But the pressure was immense. Struggling to cope, I began drinking heavily. When the financial crisis hit, I lost everything, including my marriage. My fall from grace was spectacular. I wound up living alone in a flat, downing five bottles of wine a day, half a bottle of brandy and a couple of pints of lager.

Every morning I lay in bed alone, tears on my cheeks. On July 3rd 2012, I seriously considered taking my own life, but thankfully I had the sense to reach out and ask for help.

My brother James took me to the Priory, a private recovery clinic. I was put on 24-hour suicide watch and started rehab. It was tough going, but I worked hard at clawing myself back from the brink. At first, I had terrible alcohol withdrawal symptoms, and I needed vitamin B jabs. For days I was on sedation drugs and walking around like a zombie.

One day, in the gardens of the Priory estate, a man joined me, offering support. He advised me not to go into my own head and reflect on past mistakes too much. He also told me there was a power greater than myself; a spirit energy watching over me. During meetings with a support group we were told to try offering up our problems to a high power. In my room one morning, during my second week there, I offered



up a prayer for help to get through the day.

After that I began to pray every evening before bed. Within days I felt calmer and the anxiety lifted. I asked for my family to visit me one afternoon and they came. I felt my guardian angels were watching over me.

Making the move

Then in March 2013, my father Colin became seriously ill with liver failure. Visiting him for the last time in hospital, I gave him four kisses... one from me and one from each of my kids. The day he died was the day I started suffering with tinnitus – a ringing in my ears.

It started the moment I was told he had passed. A loud, high-pitched ringing. It was really distracting and unsettling. I decided to go down the path of reiki.

Months passed. Then one summer's night, as my bedroom balcony doors stood open, I took a cup of cocoa to bed with me and was saying my prayers as usual when a long, dark shadow flew out of the corner of the room, across the ceiling and under my bed.

'Who are you? What do you want?' I asked, petrified. But there was no reply and eventually I drifted off to sleep.

At about 5.30am I woke and was listening to the dawn chorus of ducks on the river when suddenly something lifted the duvet and an energy pressed on top of me, pinning me to the bed.

I was absolutely terrified. I couldn't call out or move. I was saying the Lord's Prayer in my mind, trying to wrestle with whatever was holding me down. Eventually I relaxed and submitted to it, and it left me. It was my first profound spiritual experience and it scared the life out of me!

In 2014, when the insurance claims company I was contracting from asked me to work temporarily in Northern Ireland, I jumped at the chance of a change of scene.

I was amazed at how beautiful the country was and soon settled. While there, I discovered

'I had effectively drawn up a contract with Spirit'



Jules is my rock on my spiritual journey



As a young man, with my son Luke. The black eye is the result of a scuffle outside a nightclub

a local Spiritualist church and was sitting in the audience when the medium looked at me and told me she had a message from my parents.

'Your dad is showing me the steering wheel of a car. Perhaps you're going on a journey? And your mum is telling me your destiny is staring you in the face,' she said.

It was the confirmation I needed to make my move to Northern Ireland permanent. In February 2016, I moved into an apartment in Carrickfergus, overlooking the shore.

To continue my spiritual development, I took qualifications in reiki and began to attend Belfast Spiritualist Church.

Promise to Spirit

It was during an open circle exercise at the church that a medium turned to me and a woman sitting next to me and said, 'Are you two together?'

We shook our heads.

'Well, there's the most beautiful green aura around you both,' she added.

We got chatting and I quickly learned the woman next to me was called Jules and she was a reiki master. We became friends and, in time, started a relationship. She became my rock

along my spiritual journey. We walked the path hand in hand.

In September 2016, one of the mediums from the church, Debbie Griffin, came to see me. She went into a trance so I could speak with Spirit through her. They told me I had been chosen and asked for permission to keep working with me. After our session I felt so moved I wrote down the words we had spoken and realised I'd effectively drawn up a contract with Spirit.

It read: 'You have been chosen because the love and compassion you have shown has touched many in our world... are you prepared

to be used as a vessel for this healing spirit energy, for the good of mankind and those you will meet? Do you understand? Are you willing to accept this? Thank you, my friend.'

It was so incredible I commissioned a local artist to turn it into a painting, which is now my absolute pride and joy, reminding me daily of the promises I've made.

Shortly after drawing up that contract I began to feel different sensations through my body. During circle work I felt bloated as the energy built in my solar plexus. At night I had vivid dreams; strangers would enter my mind so



Raising your vibration

Will reveals how you can draw up your own spirit contract

It's a scientific fact that the Earth has a vibration - a pulse. This was first discovered in 1950 by German physicist Professor Winfried Schumann. He calculated that the planet has a global electromagnetic resonance, measured in kilohertz (kHz), between its surface and upper atmosphere, which can be affected by things like lightning strikes.

Will Sibley believes that human consciousness can also impact this magnetic field with different emotions such as anxiety, tension and passion.

'I believe the spirit realm is revealing itself to us more and more, and coming to assist humankind,' says

Will. 'Perhaps this is why so many around the world are awakening to Spirit.

'People who live life on a higher vibration sense that there is more than a three-dimensional

'To start working with Spirit, just ask'

materialistic way of being. For me, I occasionally feel physical sensations, such as ringing in my ears, heart palpitations or a tingling in my fingers and toes, but everyone is different.

'I believe we all start our time on Earth with

spirit guides all around us.

To draw up a contract or start working with them, all you have to do is tap into it and ask.

'You can start by simply sitting quietly in a morning and saying aloud to your spirit guides, 'I am calling on you to assist me today.'

'You don't need a formal contract, but if you want to write down any thoughts or guidance that springs to mind, just relax and allow the words to be given to you.

'To tune into higher vibrations, you can start by simply sitting in meditation and feeling the power of Spirit.

Let the Earth and other realms be your guide.'

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